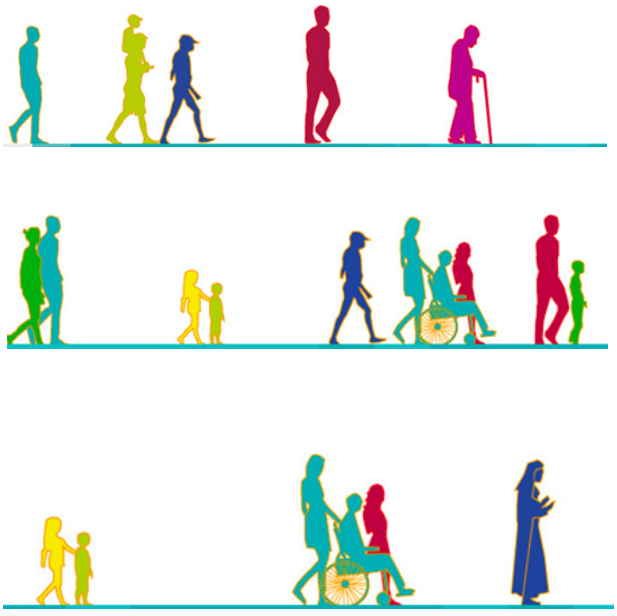
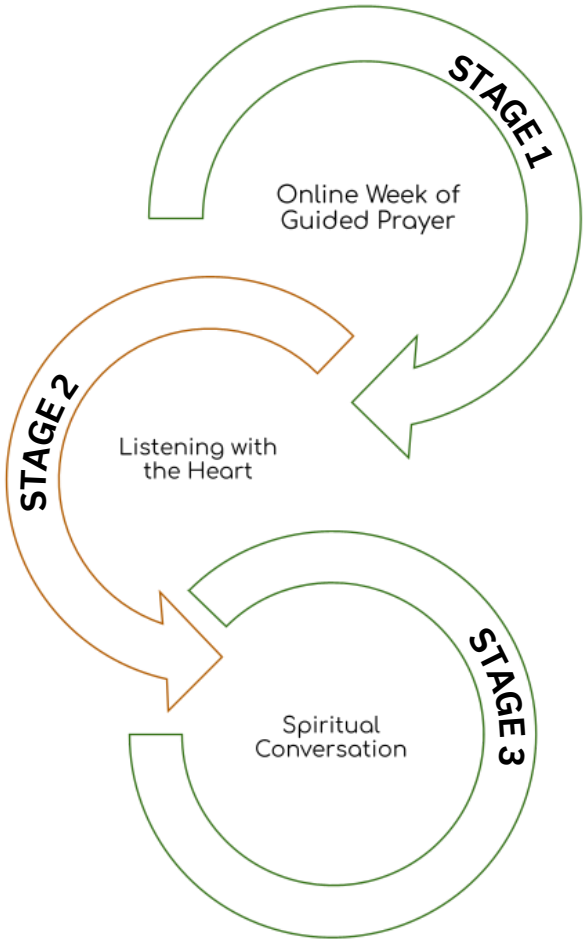
Spiritual Listening and Accompaniment

"Growing as missionary disciples means answering Jesus' call to follow him...
learning to accompany each other as a pilgrim people
journeying through history towards a common destination, the heavenly city"
Intrumentum Laboris 2, Synod on Synodality 2024

"Where are you going?"

John13:36





Would you like to join us on a pathway of prayer and learning and discernment?

What is it?

This programme is a combination of in-put and experiential learning, **on-line and in-person**, in three stages, with teaching, spiritual accompaniment, faith sharing and learning, being offered by the Jesuit Institute and the team from Hallam Diocese Formation and Mission.

You will learn ways to **build understanding and skills** in **praying and listening** to help you to **develop your relationship with God**. In time, you will also have the opportunity to **consider your mission** and whether God is inviting you to further study, towards the ministry of accompanying others on their spiritual journey.

What does Spiritual Listening mean?

Spiritual Listening is being open to the Holy Spirit when listening to the Spirit and others.

What does Spiritual Accompaniment mean?

Spiritual Accompaniment is the art of walking alongside someone on their faith journey, helping them to notice the Holy Spirit communicating with them in their everyday lives. It can be very helpful to have Spiritual Accompaniment (sometimes called Spiritual Direction) at various times in your life, for example, if you feel you would like to learn more about where God is speaking to you, if you feel stuck in your prayers. Having the experience of being accompanied will be part of the first stage of this programme.

Who is it for? For anyone, Catholic or non-Catholic, interested in developing and exploring their spiritual life, their God-given talents and discerning God's invitation in their life.

Cost: Offerings Welcome

Join us to learn the synodal method of 'Listening in the Spirit', currently being practiced and promoted as a good way of learning to be a diverse and inclusive church on mission. **Learn how to listen** to the other and to listen also to **the Holy Spirit.**

COMMITMENT:

STAGE 1

Week of Guided Prayer
December 1st-6th 2024

A week of online individual daily meetings with a prayer guide to experience prayer in the Ignatian tradition. This individual accompaniment is to give you the opportunity to reflect on what it feels like to be listened to in your spiritual journey. It also includes an online opening and closing meeting. So we begin and end together as a community.

STAGE 2

Listening with the Heart

Introducing deeper listening and intentional speaking in our everyday encounters. These sessions will explore through prayer, reflection, discussion and practice the place of life-giving conversation in the everyday. This will include theory and peer observed practice.

1 day in-person and 4 on-line sessions

Saturday March 8th 2025 10am-5pm a day in-person.

Thursdays March 2025 on 13th, 20th, 27th, April 3rd 2025 from 7pm-9pm on-line.

STAGE 3

Spiritual Conversation
(Introduction to Accompaniment)

The course will help to deepen the qualities of listening and speaking in a variety of circumstances whether in person or online. We will introduce some of the skills and sensitivities necessary for spiritual direction although the course by itself does not provide sufficient training for people to offer spiritual direction. It will offer the opportunity to discern how each participant is being called to use their gifts in accompanying others in their own context.

Saturday October 11th 2025
10am-5pm in person

Thursday 23rd October 2025
7pm-9pm On-line

Saturday 8th November 2025
1pm-5pm On-line

Thursday 20th November 2025
7pm-9pm On-Line,

Saturday 6th December 2025
1pm-5pm On-line

Thursday 18th December 2025
7pm-9pm On-line

Thursday 15th January 2026
7pm-9pm On-line

Saturday 31st January 2026
10am-5pm In-person

Review and Ending

STAGE 4

Discerning next steps ...

This programme is being offered by
The Jesuit Institute and Hallam Formation and Mission Team

To register for STAGE 1 of the programme: Fill the form here:
https://forms.gle/vstqY9QSo7bEBcbt9

For further information get in touch with Formation and Mission by:
Email: formation-mission@hallam-diocese.com
Phone: 0114 256 6410

If no one is available or if you need help to register please leave a message and someone will get back to you as soon as possible

THE JESUIT INSTITUTE

Diocese of Hallam
FORMATION AND MISSION